Ninth Problem of the Week, due Thursday 04/18 11:59pm

Let $x$ and $y$ be real numbers such that

$$
\begin{aligned}
\log \sin x+\log \cos x & =-1 \\
\log (\sin x+\cos x) & =-1+\frac{1}{2} \log y
\end{aligned}
$$

where "log" denotes the common (base-10) logarithm.
Solve for $y$.

